

**METHOD FOR MEASURING BLOOD PRESSURE AND  
PULSE RATE WITH A PUMP-LESS MECHANICAL  
COMPRESSION APPARATUS**

**FILED OF THE INVENTION**

5       The present invention relates to sphygmomanometers and sphygmometers and more particularly to a method for measuring blood pressure and pulse rate with a pump-less mechanical compression apparatus.

**BACKGROUND OF THE INVENTION**

10       As defined, blood pressure is the pressure exerted by the blood against the inner walls of the blood vessel, especially the arteries. Also, heart can receive blood from the veins and pump it through the arteries by alternate dilation and contraction. As such, pressure can be expressed as either contraction pressure (i.e., pressure  
15       exerted by the blood pumped from the heart against the inner walls of the arteries) or dilation pressure (i.e., exerted by the blood against the inner walls of the arteries when the heart stops contracting in a predetermined short period of time). Pulse rate can also be measured by a typical electronic sphygmometer. As defined,  
20       pulse is the regular beating in the arteries caused by the contraction and the dilation of the heart.

      A typical electronic sphygmomanometer is advantageous for being compact, having a digital display, and without the cooperation of a stethoscope. Thus, the typical electronic  
25       sphygmomanometers are gaining popularity among consumers. The

typical electronic sphygmomanometer is characterized in that an air bag is inflated by a pump, then pressure of the air bag is slowly released by a pressure release device, a sensor is deformed due to the pressure change inside the air bag, the differential electrical resistance of the sensor is then measured by the Wheatstone bridge,  
5 and finally a blood pressure is displayed.

Referring to FIG. 1, there is shown a block diagram of the typical electronic sphygmomanometer. The sphygmomanometer comprises a processor, an air pump controlled by the processor for  
10 pumping air into an air bag until a predetermined pressure is reached, a slow pressure release device is adapted to release pressure of the air bag, and other associated devices (e.g., power, alarm, display, sensor, trigger, fastening device, and quick pressure release device). However, the prior art suffers from several  
15 disadvantages. For example, for the sake of portability and the trend of compactness, the bulky pump and pressure release devices are not desirable. Further, strong noise is generated by the pump and the pressure release devices in operation. Hence, a need for improvement exists.

## 20 **SUMMARY OF THE INVENTION**

It is an object of the present invention to provide a method for measuring blood pressure and pulse rate by activating a pump-less mechanical compression apparatus, comprising the steps of fastening the unit with an air bag, which is a closed system  
25 containing fixed air volume, on the human body measuring site;

activating the mechanical compression assembly to exert pressure on the air bag towards the human body and thus increase the pressure inside the air bag; release the mechanical compression on the air bag for the air bag pressure to steadily return to its original state and allow the sensor to measure the pressure change for calculating values; sending the values to the processor; processing the values by the processor to obtain a blood pressure including a contraction pressure and a dilation pressure, and a pulse rate; and showing the contraction pressure, the dilation pressure, and the pulse rate on a display.

It is another object of the present invention to provide a pump-less mechanical compression apparatus applied on a sphygmomanometer/sphygmometer, comprising a closed system air bag containing fixed air volume fastened on the human body; a sensor coupled to the air bag for sensing pressure change inside the air bag; a processor for processing the pressure change; a display for showing the measured contraction pressure, dilation pressure, and pulse rate; and a compression assembly, whereby activating the mechanical compression assembly to exert pressure on the air bag towards the human body measuring site will cause the pressure inside the air bag to increase and when the compression assembly is deactivated, the pressure will decrease and the change will be transmitted to the sensor and the processor for processing sequentially in order to calculate a contraction pressure, a dilation pressure, and a pulse rate, and show the contraction pressure, the

dilation pressure, and the pulse rate on the display.

The above and other objects, features and advantages of the present invention will become apparent from the following detailed description taken with the accompanying drawings.

5     **BRIEF DESCRIPTION OF THE DRAWINGS**

FIG. 1 is a block diagram of a conventional electronic sphygmomanometer;

FIGS. 2A and 2B are exploded views of a pump-less mechanical compression sphygmomanometer/sphygmometer according to  
10     the invention;

FIGS. 3A and 3B are cross-sectional views of the pump-less mechanical compression sphygmomanometer/sphygmometer of the invention for illustrating the expanded and the contracted states of the closed system air bag respectively;

15     FIGS. 4A and 4B are side elevational views for illustrating the process of changing from the operating state to the disabled state of the deactivation assembly;

FIG. 5 is a block diagram of the pump-less mechanical compression sphygmomanometer/sphygmometer of the invention;  
20     and

FIG. 6 is a flow chart illustrating a process according to the invention.

**DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS**

25     Referring to FIG. 5, the pump-less mechanical compression

apparatus applied on a sphygmomanometer/sphygmometer comprises a fastening device 30 having an air bag 20, which is a closed system with fixed air volume, fastened at the measuring site (e.g., the wrist) of the body, a sensor 40 coupled to the air bag 20  
5 for sensing pressure change inside the air bag 20, a processor 50 for processing the pressure change, a display 60 for showing the measured results of contraction pressure, dilation pressure, and pulses in a digital form, and a compression assembly 10. During compression, the compression assembly 10 is adapted to gradually  
10 exert pressure on the air bag 20 towards the measuring site such as the wrist. The pressure is increased inside the air bag and the pressure change is detected by the sensor 40. During decompression, the compression assembly 10 is adapted to gradually return to its original state and thus the pressure on the air bag 20 is decreased.  
15 The pressure change inside the air bag 20 is detected by the sensor 40. This forms a small, pump-less, mechanical compression sphygmomanometer/ sphygmometer of the invention.

Referring to FIGS. 2A and 2B, components of the inventions will be described in detail below. The compression assembly 10  
20 comprises a holed, annular seat 11 including a lower, central cavity for receiving the air bag 20, two opposite, upper arc walls 111 around a hole thereof, and two opposite slots 112, an abutment disk 12 on top of the air bag 20, a sleeve-like moveable member 13 on the abutment disk 12, the moveable member 13 being moveable  
25 within a predetermined distance to and fro in the hole of the seat 11,

the moveable member 13 having internal threads 131 and two opposite projections 132 on its outer surface, the projections 132 being slidably fitted in the slots 112, a force exertion assembly 14 for exerting a turning force on the moveable member 13 or stopping  
5 exerting force thereon, the force exertion assembly 14 including an annular, holed turning member 16 including a central, externally threaded extension 161 on the underside, the externally threaded extension 161 being coupled to the internal threads 131, an annular flange 162 around a hole of the turning member 16, and a ring 163  
10 put on the flange 162, the ring 163 having three spaced external hooks 164, a gear 15 including a ratchet section 151 on its underside for catching and holding the hooks 164, and an annular, toothed section 152 on its top, a speed regulator 18 including a shaft 181 having threads coupled to the toothed section 152, a cylinder  
15 182 having external threads coupled to the shaft 181, and a weight 183 provided on the cylinder 182, and a mainspring 17 anchored around the arc walls 111, and a deactivation assembly 19 including a lever element 191 having a pivot 194, a connecting element 193 at one end coupled to the cylinder 182, a trigger element 192 at the  
20 other end, and a spring 195.

Referring to FIG. 6 in conjunction with FIGS. 3A, 3B, and 5, a process of the invention comprises the following steps:

Step a: Fasten the air bag 20 at the measuring site (e.g., the wrist) of the body by wrapping the fastening device therearound.

25 Step b: Activate the compression assembly 10 to gradually

exert pressure on the air bag 20 and onto the wrist. At the same time, the sensor 40 senses the pressure change inside the air bag 20. In the pressure exertion process, the turning member 16 rotates a number of times. Further, the internal threads 131 move downward  
5 due to threaded connection to the externally threaded extension 161. The abutment disk 12 then moves downward in response to the downward movement of the moveable member 13. Next, the air bag 20 contracts to press on the wrist in response to the downward movement of the abutment disk 12. The pressure change inside the  
10 air bag 20 is transmitted to the sensor 40 through the duct 80 which is coupled to and connected between the air bag 20 and the sensor 40. Also, the mainspring 17, being connected to the arc walls 111 and annular seat 11, is coiled during the pressure exertion process for storing elastic energy. Further, the gear 15 is motionless in the  
15 pressure exertion process because the rotating direction of hooks 164 does not positively engage the ratchet section 151.

Step c: Release pressure of the compression assembly 10 for returning the air bag 20 to its original state in which the pressure change inside the air bag 20 is transmitted to the sensor 40 for  
20 calculating a value.

Step d: The value is sent from the sensor 40 to the processor 50 for processing in order to obtain a corresponding blood pressure including a contraction pressure and a dilation pressure, and a pulse rate. Note that all of the contraction pressure and dilation  
25 pressure, and the pulse rate are measured during the decompression

(deflating) process of the air bag 20. In detail, the stored elastic force of the mainspring 17 is released gradually by uncoiling for facilitating the upward movement of the moveable member 13. Moveable member 13 moves upward while the expanding air bag  
5 20 urges against the abutment disk 12. Further, the turning member 16 rotates in a direction opposite to that in pressure exertion process due to the upward movement of the moveable member 13. The ring 163 and ratchet section 151 are positively engaged and thus the gear 15 is free to rotate. The speed regulator 18 aims at providing a  
10 constant rotation mode in which the cylinder 182 is adapted to provide a constant rotating speed, the relative rotating speed of the shaft 181 about the gear 15 is determined by the cylinder 182 with the gear 15, the turning member 16, the moveable member 13, and the abutment disk 12 being moved upward, and the weight 183 is  
15 adapted to provide a steady upward movement of the same. This facilitates the obtaining of a more precise blood pressure and the pulse rate.

Step e: Contraction pressure, dilation pressure, and pulse rate are transmitted from the processor 50 to the display 60 for showing  
20 in a digital form. The invention further comprises an alarm 70 coupled to the processor 50. The alarm 70 will issue a warning when output pressure of the compression assembly 10, as sensed by the sensor 40, reaches a limit value.

It is possible that a person may feel uncomfortable during the  
25 blood pressure measuring process while pressure exerted on his/her



wrist by the air bag 20 is increasing. In this case the person or the medical worker has to activate the deactivation assembly 19 to disable the pump-less mechanical compression apparatus applied in sphygmomanometer/sphygmometer via the speed regulator 18.

5 Referring to FIGS. 4A and 4B, the operation of the deactivation assembly 19 is described below. In response to exerting force on the trigger element 192 of the lever element 191, the lever element 191 moves downward for compressing the spring 195 for storing elastic force therein. Next, the lever element 191 pivots about the pivot

10 194 for causing the connecting element 193 to lift and the cylinder 182 is thus slanted by the connecting element 193. Next, the slanted cylinder 182 disengages from the shaft 181. As such, rotation of the toothed section 152 of the gear 15 is not stopped by the shaft 181. As a result, the compressed states of the air bag 20 and thus the

15 wrist of the person are changed to the uncompressed states by the release of the stored elastic force of the mainspring 17 if a person feels uncomfortable during the blood pressure measuring process. Once being uncompressed, the stored elastic force of the spring 195 below the trigger element 192 is released immediately to cause all

20 components of the deactivation assembly 19 to return to their original states.

It will be evident from the foregoing that the invention has the following advantages: No provision of the bulky pump and pressure release device, resulting in compactness. Also, minimal noise is

25 generated while measuring blood pressure and pulse rate. Moreover,

the speed regulator 18 can provide a stable and steady decompression rate for pressure release and thus help facilitate the obtaining of a more precise blood pressure and the pulse rate.

While the invention herein disclosed has been described by  
5 means of specific embodiments, numerous modifications and variations could be made thereto by those skilled in the art without departing from the scope and spirit of the invention set forth in the claims.